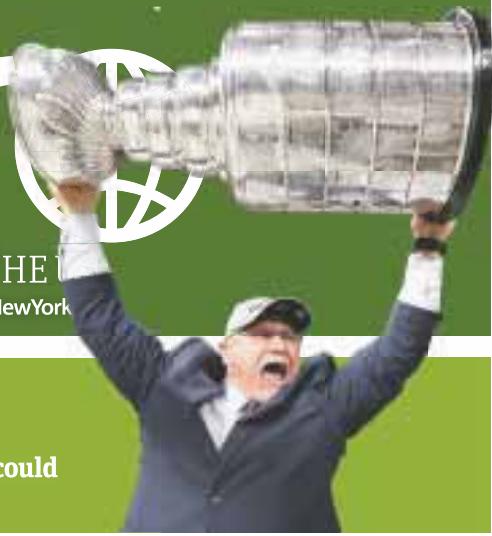


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Wednesday, June 20, 2018 metro.us | t: MetroNewYork | f: MetroNewYork



NEXT IN LINE?

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THINGS TO KNOW



KRISTIN TOUSSAINT, REPORTER

I recently moved from Boston to New York, and I have to admit that I lamented leaving Massachusetts as legal marijuana was being rolled out. It was nice to live in, and report on, a city where the tide was changing. But now, New York City is making changes, too. On Tuesday, Mayor Bill de Blasio and the NYPD announced a new policy to issue tickets to people caught smoking weed in public, rather than arresting them — if they meet certain requirements, that is. The mayor isn't ready to legalize weed, but he said this is a step the city can take to become more fair. Read more inside at [metro.us](#).

WELCOME TO METRO.US

IRAN REJECTS MISSILE TALKS WITH TRUMP

Iran has no plans to extend the range of its missiles since their 1,240-mile reach is enough to protect the country, the Revolutionary Guards commander said on Tuesday, amid mounting U.S. pressure over Tehran's missile program. Iran's government again ruled out negotiations with U.S. President Donald Trump over Tehran's military capabilities and regional influence, saying such talks would be against the values of the Islamic Republic. Trump withdrew the United States last month from the 2015 accord between Iran and world powers that curbed Tehran's nuclear activity in exchange for sanctions relief. He said the deal was deeply flawed as it had not curbed Iran's ballistic missile program or reined in its support for proxies in conflicts in Syria, Iraq and Yemen, and said Washington would reimpose tough sanctions on Tehran. "We have the scientific ability to increase our missile range but it is not our current policy since most of the enemies' strategic targets are already within this [1,240-mile] range. This range is enough to protect the Islamic Republic," Major General Mohammad Ali Jafari was quoted as saying by Tasnim news agency.

MUSK EMAILS STAFF ALLEGING 'SABOTAGE'

2Tesla Inc. Chief Executive Elon Musk said on Monday in an email to staff that an unnamed worker had conducted "extensive and damaging sabotage" to the company's operations including allegedly making unspecified code changes to its manufacturing operating system and sending "sensitive Tesla data" to unnamed third parties. No comment was forthcoming from Tesla spokeswoman Gina Antonini but Musk stated in an email seen by Reuters that he learned of the conduct over the weekend. "The full extent of his actions are not yet clear, but what he has admitted to so far is pretty bad," Musk wrote. "His stated motivation is that he wanted a promotion that he did not receive." Musk specified no name. Reuters could not independently confirm the claims. Tesla would be investigating this week, according to Musk who added the firm needed to determine if the employee acted with "outside organizations." "There are a long list of organizations that want Tesla to die," Musk wrote, saying they included Wall Street short-sellers, oil and gas companies and car company rivals but without specific names.



NEW TENT CAMPS GO UP IN WEST TEXAS FOR MIGRANT CHILDREN SEPARATED FROM PARENTS

3Children and workers are seen at a tent encampment recently built near the Tornillo Port of Entry on Tuesday in Tornillo, Texas. The Trump administration is using the Tornillo tent facility to house immigrant children separated from their parents after they were caught entering the U.S. under the administration's zero tolerance policy. [Read more on pages 8-9.](#)

DOZENS KILLED IN INDIA, BANGLADESH FLOODS

4Flash floods triggered by heavy monsoon rains in South Asia have killed dozens of people and displaced more than a million, most in northeast India and Bangladesh, authorities said on Tuesday. The Brahmaputra river, which flows from the Himalayas down to India and then through Bangladesh, has burst its banks, swamping more than 1,500 villages in India's Assam state in the past week. "The flood situation remains critical," Assam's Water Resources Minister Keshab Mahanta told Reuters, referring to at least 10 of the

WHITE HOUSE DEPUTY CHIEF OF STAFF RESIGNING

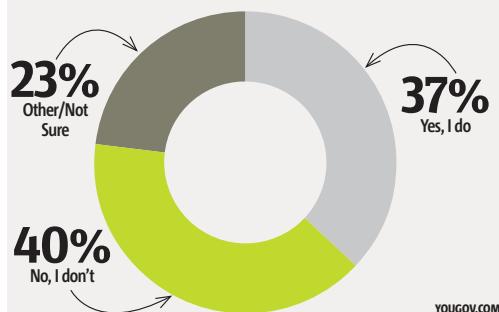
5White House Deputy chief of staff Joe Hagin, who led the U.S. advance team for President Donald Trump's summit with North Korean leader Kim Jong Un in Singapore, is resigning, White House officials said on Tuesday. Hagin, who plans to return to the private sector after considering jobs in other government agencies, will step down on July 6, officials said. "Joe Hagin has been a huge asset to my administration. He planned and executed the longest and one of the most historic foreign trips ever made

by a president, and he did it all perfectly," Trump said in a statement. "We will miss him in the office and even more on the road." Hagin, 62, is a veteran of Republican presidencies, having had roles in the administrations of Ronald Reagan, George H.W. Bush, and George W. Bush. He has been one of the most experienced advisers at the Trump White House. He negotiated details with North Korean counterparts for the summit last week on Singapore's Sentosa Island in which Trump and Kim met face-to-face for the first time.

STATS

VIDEO GAME ADDICTION

The World Health Organization recently declared "gaming disorder" (addiction to video games) as a mental health condition. Do you think this should be considered a mental health condition?



ARTISTS



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Before: Lowland gorilla art



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NEWS



Instead of arresting New Yorkers for smoking marijuana, NYPD will begin issuing summonses starting in September. GETTY IMAGES

NYC will stop arresting most people for smoking marijuana in public

But not everyone can get away with smoking as those with certain previous arrests and convictions can still be arrested for lighting up.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

New Yorkers with no prior record who are found smoking marijuana in public will face criminal summonses rather than arrests under a new policy Mayor Bill de Blasio announced on Tuesday.

The change marks a shift in marijuana enforcement in New York City as a way, the mayor said, to balance fairness with public safety and quality of life concerns. The new policy, which will go into effect by Sept. 1, 2018, is expected to lead to 10,000 less marijuana arrests per year throughout the five boroughs.

"Nobody's destiny

should hinge on a minor nonviolent offense," de Blasio said in a statement. "This new policy will help reduce unnecessary arrests, while making our city fairer and safer."

The mayor noted that this will also help the city's goal to lessen incarceration rates. The jail population is down 20 percent in New York City, de Blasio said, which is "crucial to the future of this city and the families of this city."

Some New Yorkers will still be subjected to arrest, though: if they are on probation or parole, have existing criminal warrants, do not have identification, have a recent documented history of violence or if their smoking poses an immediate public safety risk, like while driving a car.

Currently, about 40 percent of people arrested for smoking marijuana had no prior arrest history, according to the city.

"We know that it is not productive to arrest people who have no

10,000

The new policy, which will go into effect by Sept. 1, 2018, is expected to lead to 10,000 less marijuana arrests per year throughout the five boroughs.

"This new policy will help reduce unnecessary arrests, while making our city fairer and safer."

Mayor Bill de Blasio

prior criminal history," said NYPD Commissioner James O'Neill in a statement. "In fact, it hampers our efforts to build trust and strengthen relationships with the people we serve, and it does nothing to further the NYPD's mission of ridding our streets of those responsible for violence and disorder. Issuing summonses for marijuana offenses that do not directly affect public safety will allow our officers to do their jobs effectively and safely, and in a way that always promotes public safety and quality of life for all New Yorkers."

O'Neill said that the NYPD does not target

this is a "marginal" improvement, it's a missed opportunity for more action.

No one should be arrested for smoking marijuana, period," he said. "Further, the mayor's policy does not attempt to reduce criminal summonses at all, still allows arrests in circumstances that cannot be justified by public safety, will likely make marijuana policing even more discriminatory toward people of color, continues to expose noncitizens to deportation and takes no steps to eliminate the collateral consequences which are in the city's control."

The first signs toward this change began when the mayor first said he wanted to stop arresting people for smoking marijuana back in May. The official announcement of the policy change comes from the completion of a 30-Day Marijuana Working Group, initiated by the mayor and conducted by NYPD.

That group, the city said, took a look into why there are differenc-

es in marijuana arrest rates and how the city could lessen arrests for marijuana offenses "if and when those arrests do not impact public safety or reduce quality of life."

While many New Yorkers surveyed by the working group said that public marijuana smoking was a "nuisance" that should be stopped — in fact, 52,000 complaints about people smoking marijuana were lodged in 2017 — most favored summonses for the issue over arrests.

Summons are not fingerprintable offenses, and the criminal court summons fine will be up to the court to decide, officials said. The statutory limit for a first offense is up to \$100 but "more often than not" the amounts will be much lower, according to officials. New York City is working to address how those with prior marijuana-related records will be affected by this and if and how those records can be expunged.



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US withdraws from United Nations human rights body

Ambassador Nikki Haley called out Russia, China, Cuba and Egypt.

The United States withdrew from the United Nations Human Rights Council on Tuesday, accusing it of a "chronic bias against Israel," a move that activists warned would make advancing human rights globally even more difficult.

Standing with U.S. Secretary of State Mike Pompeo, Ambassador Nikki Haley slammed Russia, China, Cuba and Egypt for thwarting U.S. efforts to reform the council. While encouraging Washington to retain, she criticized countries which shared U.S. values but "were unwilling to seriously challenge the status quo."

The U.S. is halfway

through a three-year term on the main U.N. human rights body and the Trump administration had long threatened to quit if the 47-member Geneva-based entity was not overhauled.

"Look at the council membership, and you see an appalling disrespect for the most basic rights," said Haley, citing Venezuela, China, Cuba and Democratic Republic of Congo.

Haley also said the "disproportionate focus and unending hostility toward Israel is clear proof that the council is motivated by political bias not by human rights."

Washington's withdrawal is the latest U.S. rejection of multilateral engagement after it pulled out of the Paris climate agreement and the 2015 Iran nuclear deal.

It also comes as the United States faces intense

criticism for detaining children separated from their immigrant parents at the U.S.-Mexico border. U.N. High Commissioner for Human Rights Zeid

making human rights a priority in its foreign policy. Critics say this sends a message that the administration turns a blind eye to human rights abuses in some parts of the world.

Diplomats have said the U.S. withdrawal from the body could bolster countries such as Cuba, Russia, Egypt and Pakistan, which resist what they see as U.N. interference in sovereign issues.

Among reforms the U.S. had been seeking was to make it easier to kick out member states with egregious rights records.

Haley said the U.S. withdrawal from the Human Rights Council "is not a retreat from our human rights commitments."

Twelve rights and aids groups, including Human Rights First, Save the Children and CARE, wrote

"Look at the council membership, and you see an appalling disrespect for the most basic rights"

Nikki Haley

Ra'ad al-Hussein on Monday called on Washington to halt its "unconscionable" policy.

Human rights groups have criticized the Trump administration for not



U.N. Ambassador Nikki Haley GETTY IMAGES

Pompeo to warn the withdrawal would "make it more difficult to advance human rights priorities and aid victims of abuse around the world."

"The U.S.'s absence will only compound the council's weaknesses," they wrote.

Jamil Dakwar, director of the ACLU's Human

Rights Program, said Trump's "misguided policy of isolationism only harms American interests and betrays our values as a nation."

The Simon Wiesenthal Center, a Jewish rights group, applauded the U.S. withdrawal and urged other countries to do the same. REUTERS

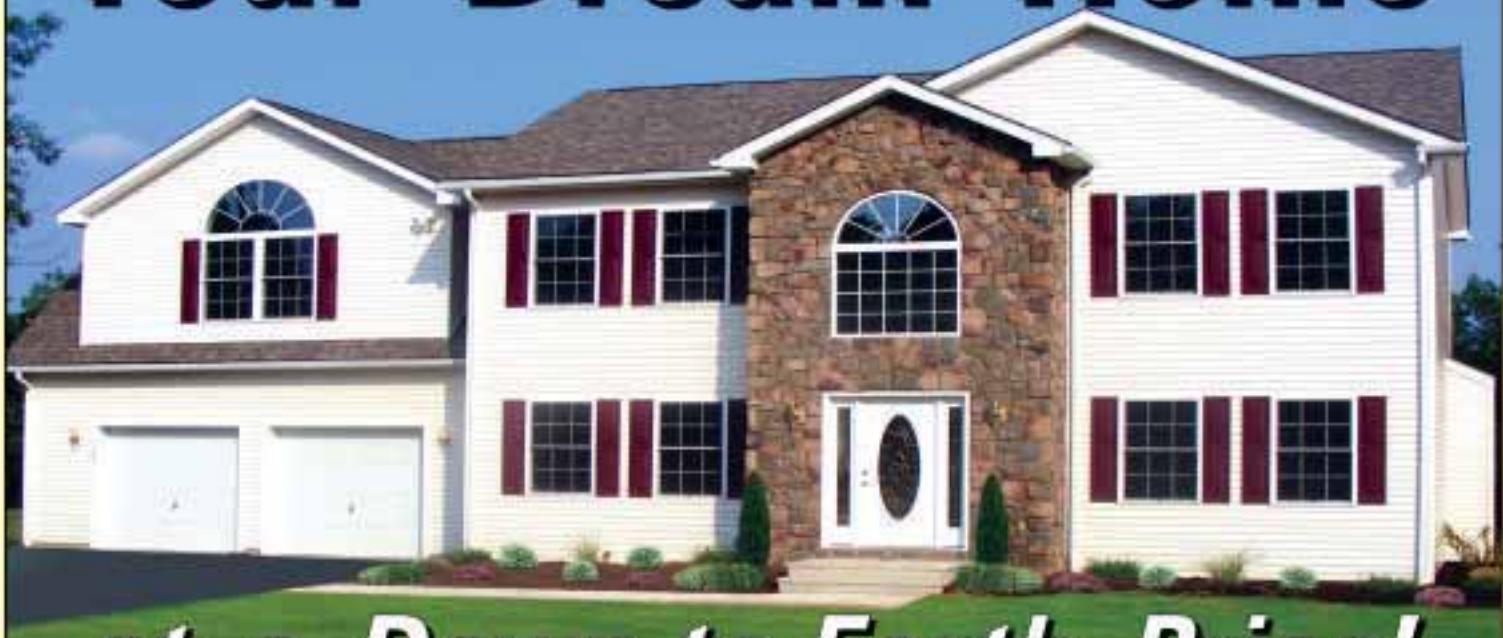
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Immigrant kids separated at the border being sheltered on LI

Eight immigrant children separated from their families have been staying at Syosset nonprofit MercyFirst.



NIKKI M. MASCALI
nikki.mascali@metro.us

A handful of the nearly 2,000 immigrant children who have been separated from their families at the border due to the Trump administration's "zero-tolerance policy" on illegal crossings are being housed in a shelter on Long Island, Newsday reported.

For about a month, eight immigrant children have reportedly

been lodging at MercyFirst in Syosset, a nonprofit sponsored by Sisters of Mercy.

CEO Gerard McCaffery told Newsday that the children were brought to the area not because they had family nearby, but because MercyFirst had available beds. He added that the immigrant children have been displaying the emotional impact of the separation from their parents.

"Kids are very resilient, but it doesn't take much for a kid to start crying and miss his mom," McCaffery said.

The current facilities for other immigrant children separated from their families at the border in April and May

have drawn extensive outrage, especially after

"The Trump administration is tearing children away from their parents just to further a draconian political agenda."

New York Attorney General Barbara Underwood

journalists recently accessed a site in McAllen, Texas.

At that facility, chil-

dren, sometimes up to 20, waited in cages made from metal fencing. They had large foil sheets for blankets while bottles of water and bags of chips were spread across the cages.

"The United States will not be a migrant camp, and it will not be a refugee holding facility," President Donald Trump said Monday amid intensifying outrage from both sides of the aisle.

New York Attorney General Barbara Underwood on Tuesday joined a coalition of 21 other attorney generals demanding that Attorney General Jeff Sessions end the practice of separating immigrant children from their families.

"The Trump admin-



Eight children among the nearly 2,000 separated from their families at the border due to the Trump administration's policy on illegal crossings are staying at MercyFirst on Long Island, Newsday reported. GOOGLE MAPS

istration is tearing children away from their parents just to further a draconian political agenda," Underwood said. "This is not only inhumane and totally unconscionable — it also undermines our public safety. This is not who we are as a country, and our coalition of attorney generals will continue to act to protect the people we serve and the rule of law."

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The letter was led by New Mexico Attorney General Hector Balderas and in addition to New York's Underwood, it was also signed by their counterparts in California, Connecticut, Delaware, District of Columbia, Hawaii, Illinois, Iowa, Maine, Maryland,

Massachusetts, Minnesota, New Jersey, North Carolina, Oregon, Pennsylvania, Rhode Island, Vermont, Virginia and Washington.

Trump was slated to meet with Republican lawmakers Tuesday ahead of votes on immigration legislation.

Trump says House immigration bills on the table as separation crisis grows

President Donald Trump told Republican lawmakers on Tuesday he would back either of the immigration bills making their way through the House of Representatives, as the outcry grew over his administration's separation of immigrant parents and children at the U.S.-Mexico border.

Rep. Mark Meadows said Trump told Republican members of the House at a meeting on Capitol Hill that they needed to get something done on immigration "right away."

In the meeting, Trump said separating families was "certainly not an attractive thing and does look bad," added Rep. Tom Cole.

Congressional Republicans have been scrambling to craft legislation as videos of youngsters in cages and an audiotape of wailing children have sparked anger at home from groups ranging

2,000

Nearly 2,000 children were separated from their parents between mid-April and the end of May.



GETTY IMAGES

from clergy to influential business leaders, as well as condemnation abroad.

A Reuters/Ipsos national opinion poll released on Tuesday showed fewer than one in three American adults supporting the policy. The June 16-19 poll found that 28 percent of people polled supported the policy, while 57 percent opposed it and the remaining 15 percent said they did not know.

Trump, who has made a tough stance on immigration a centerpiece of his presidency, has staunchly defended his

administration's actions. He has cast blame for the family separations on Democrats, although his fellow Republicans control both chambers in Congress and his own

administration implemented the current policy of strict adherence to immigration laws.

The president has sought to link an end to the family separations to passage of a wider bill on immigration, which would include funding for his long-sought border wall with Mexico, prompting Democrats to

accuse him of using children as hostages.

"In his remarks, he endorsed both House immigration bills that build the wall, close legal loopholes, cancel the visa lottery, curb chain migration, and solve the border crisis and family separation issue by allowing for family detention and removal," White House spokesman Raj Shah said of Trump.

An unidentified person yelled an obscenity at the president before he entered the meeting.

REUTERS

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NEW YORK SAN FRANCISCO BERKELEY SAN DIEGO NEWPORT NEWS LONG BEACH MARINA DEL REY

New York to sue govt over family border separations

The moves are on behalf of some 70 kids held in federal shelters in the state.

"The Trump Administration's policy to tear apart families is a moral failing and a human tragedy."

Gov. Andrew Cuomo

Gov. Andrew Cuomo, a Democrat and political opponent of President Donald Trump, said on Tuesday that the state would sue the Trump administration for separating children of immigrants from their parents when apprehended illegally crossing the U.S. border.

The separations and detention of children at the southern U.S. border with Mexico have caused an uproar in the United States and condemnation abroad, fueled by

videos of children in cages and audiotape of children wailing for their parents that have been broadcast on cable networks and posted on social media.

"The Trump administration's policy to tear apart families is a moral failing and a human tragedy," Cuomo said in a statement announcing the lawsuit.

Cuomo said that separating parents and children at the border violated their rights un-

der the U.S. Constitution, U.S. Supreme Court precedents and a 1997 legal settlement that set standards for the treatment of children detained for immigration reasons.

A spokesman for the Trump administration could not immediately be reached for comment on the New York lawsuit.

U.S. officials have defended the measures as a way to secure the border and deter illegal

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Gov. Andrew Cuomo GETTY IMAGES

entry. Trump, a Republican, has made a hard-line stance on immigration a centerpiece of his presidency.

U.S. Attorney General Jeff Sessions announced a "zero tolerance" policy in April that all immigrants apprehended while crossing the U.S.-Mexico border illegally should be criminally prosecuted under the

country's criminal entry statute.

The policy has led to family separations because when border agents refer apprehended migrants to court for prosecution, parents are held in federal jail to await trial by a judge while the children either remain in border patrol custody or are moved into facilities managed

by the Office of Refugee Resettlement, a Department of Health and Human Services agency.

Cuomo said he would direct several state agencies to begin legal action against the Trump administration on behalf of some 70 children being held in at least 10 federal shelters in New York state.

REUTERS



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Can This Medical Technology Possibly Eliminate Or Reduce Every Back & Neck Pain Sufferer Needs To Know

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy
"Radiofrequency Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency

Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impacts" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" ... it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is *not surgical*.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

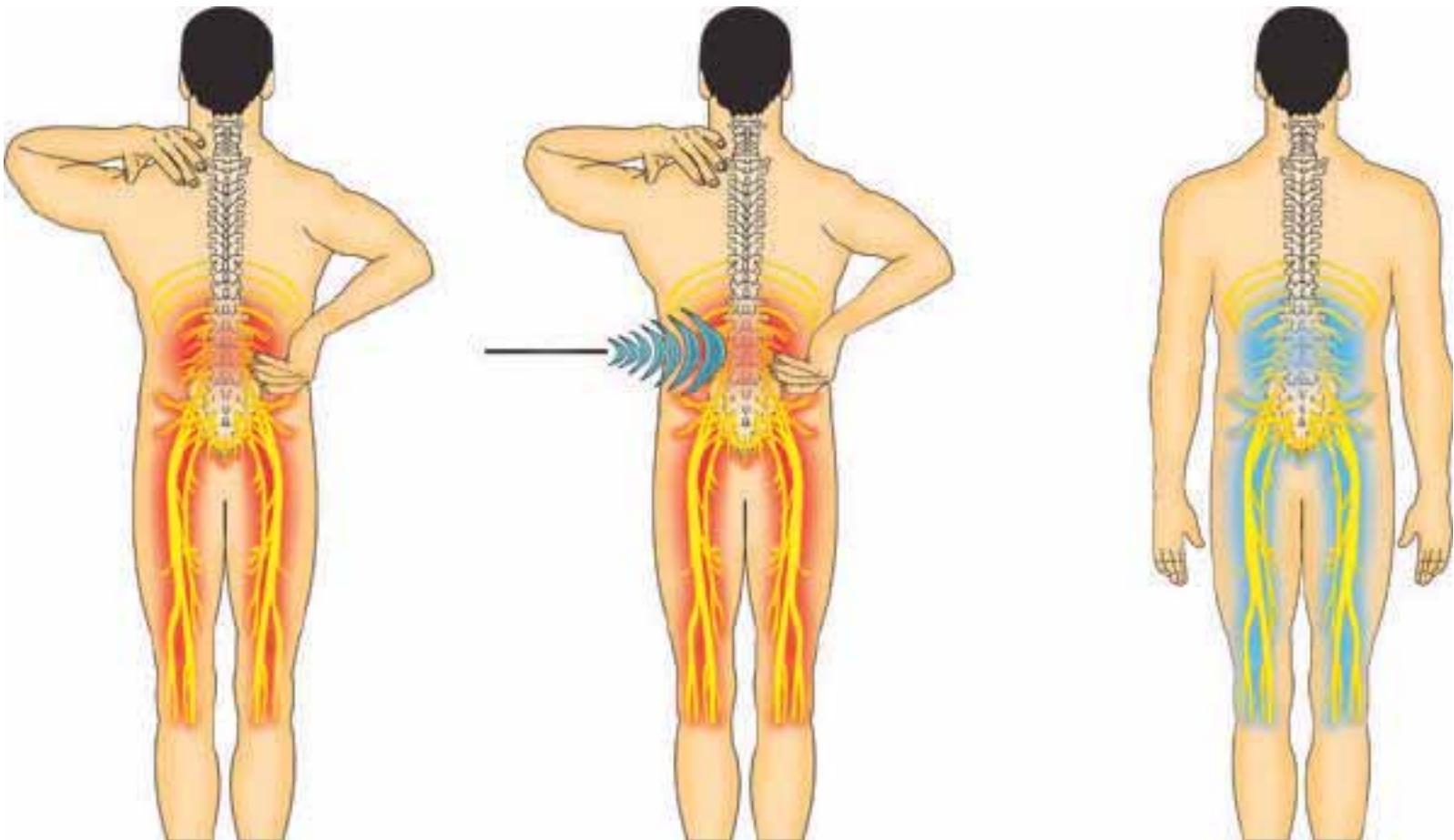
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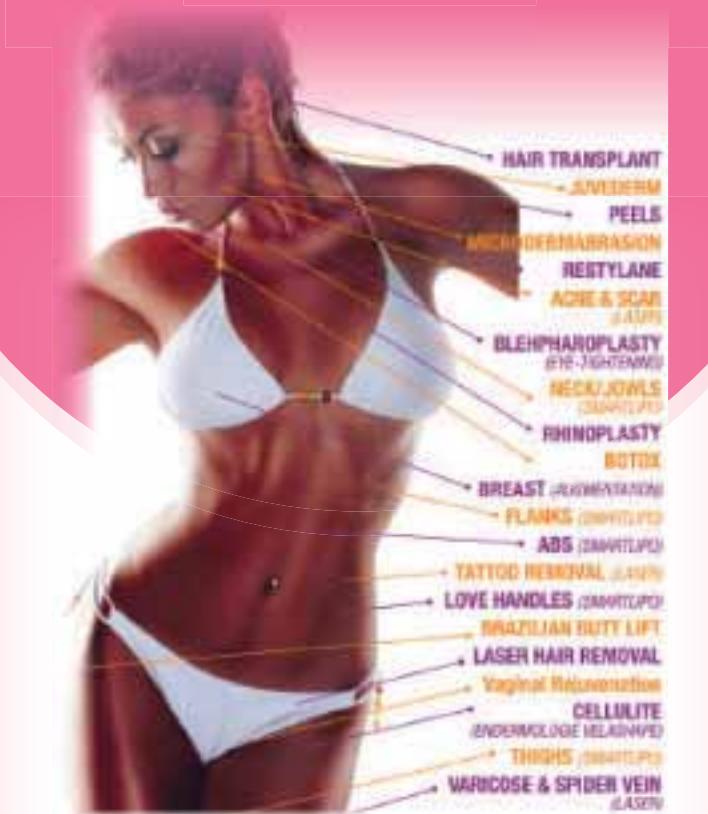
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GETTY IMAGES

FBI agent escorted from office after text messages critical of President Trump

Peter Strzok's lawyer says he wants to continue working for the FBI.

An FBI agent who criticized then-presidential candidate Donald Trump in text messages in 2016 was taken to task by Republicans at a U.S. Congress hearing on Tuesday, while his lawyer said he was recently escorted out of the FBI building.

Peter Strzok, who once worked on the FBI investigation into the handling of classified information by former Democratic presidential nominee Hillary Clinton, has become a target for Republicans trying to show the FBI is biased against Trump.

"On February and March of 2016, Peter Strzok said Trump's abysmal, Trump's an idiot," Republican Representative Jim Jordan, a Trump ally, said at the hearing. "Hillary should win 100 million to zero. It sounds like he hates the president."

Democrats accused Republicans of cherry-picking parts of a recent report to attack the FBI.

Strzok's lawyer Aitan Goelman said on

Tuesday that Strzok was removed from the FBI building, at an unspecified date, as part of disciplinary proceedings related to the texts.

Goelman said Strzok "remains a proud FBI agent" who wants to continue working for the law enforcement agency.

"On February and March of 2016, Peter Strzok said Trump's abysmal, Trump's an idiot."

Republican Representative Jim Jordan

"Pete has steadfastly played by the rules and respected the process, and yet he continues to be the target of unfounded personal attacks," Goelman said in a statement.

"All of this seriously calls into question the impartiality of the disciplinary process, which now appears tainted by political influence."

An FBI spokeswoman

declined to comment.

The Justice Department's inspector general, Michael Horowitz, released a report last week describing missteps by the FBI in its handling of the investigation of Clinton's private email server use while she was secretary of state.

The report found there was no political bias at the FBI in decisions made in the Clinton probe.

But the inspector general's report criticized Strzok and former FBI lawyer Lisa Page. The two were having an extramarital affair and exchanged thousands of politically charged texts. In one, Page asked Strzok if Trump was going to be president. Strzok responded: "No, he's not. We'll stop it."

After the probe of Clinton's use of her private email server for sensitive information, Strzok worked on Special Counsel Robert Mueller's inquiry into alleged collusion between the Trump campaign and Russia. He was removed from the probe and reassigned.

Both Trump and Russia have denied any collusion or wrongdoing.

REUTERS

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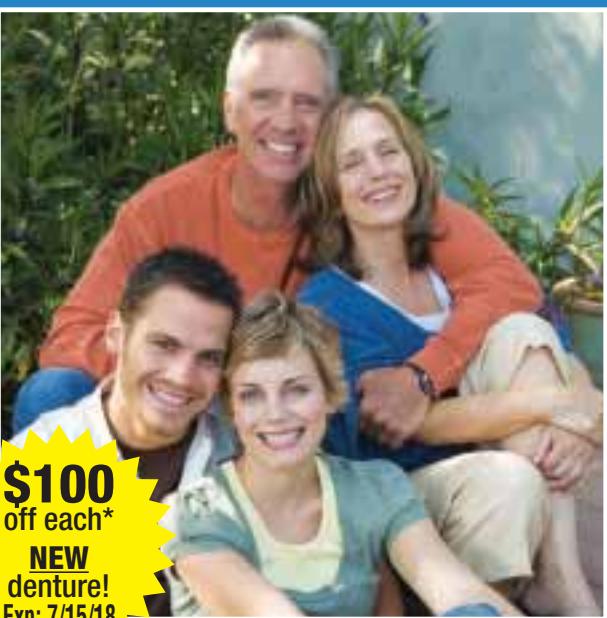
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World Refugee Day rally in front of Trump Tower: June 20, 2017. GETTY IMAGES

How to help refugees in honor of World Refugee Day

Today is World Refugee Day. Here's what you can do to support it.



SAM BRODSKY
Samantha.Brodsky@metro.us

World Refugee Day is every June 20 but there's a special sense of urgency this year, thanks to the onset of mass unrest against the separation of families at the U.S. southern border — many of whom are seeking asylum from life-threatening violence and crime.

The UN Refugee Agency (UNHCR) reported Tuesday that the number of forced displacement rose to 68.5 million by the end of 2017. Last year alone, 16.2 million people were displaced, which amounted to an estimated 44,500 each day — or one person every two seconds.

"Refugees who have fled their countries to escape conflict and persecution accounted for 25.4 million," reports the agency — and Syria, fueled by its civil war, led with the highest total of displaced people.

On World Refugee Day "we commemorate the strength, courage and perseverance of millions of refugees," the UN says on its website.

"This year," it adds, "World Refugee Day marks a key moment for the public to show support for families forced to flee."

There are many options for how to help

refugees in honor of World Refugee Day — one being to donate to charities and organizations aiding these people.

Larger organizations include The Asylum Seeker Advocacy Project (ASAP), which connects refugee families across the U.S. and provides legal services to prevent wrongful deportation, the Syrian American Medical Society (SAMS) devoted to crisis relief in Syria and UNICEF, which fights to protect the

68.5 M

The UN Refugee Agency (UNHCR) reported Tuesday that the number of forced displacement rose to 68.5 million by the end of 2017.

nearly 50 million children across the globe who have been uprooted from their homes.

You can also donate to the UNHCR (mentioned before) or the Refugee Council USA, a coalition of 25 U.S.-based non-governmental organizations dedicated to refugee protection.

You can donate to smaller organizations as well. One, the non-profit Jake's Diapers, is dedicated to providing cloth and disposable diapers to families in need around the world. It recently teamed up with CaringCrowd, a Johnson & Johnson crowdfunding

platform, in honor of World Refugee Day.

According to founder Stephanie Bowers, the original goal was to "help 15 babies at a childcare facility in a poverty-stricken, shanty town in Peru, whose caregivers had to choose between food and diapers. That experience opened our eyes to diaper need, and what an incredible, yet so basic need it is worldwide." Now, Jake's Diapers has impacted over 6,000 families in 16 countries.

Besides donations, another way to give back is by volunteering, and many organizations offer volunteer opportunities.

ASAP, for one, seeks volunteers. Jake's Diapers also seeks people to help with its distribution efforts.

Additionally, UNICEF is looking for volunteers to educate, advocate and fundraise on behalf of their organization.

"Volunteers have hosted awareness raising events, such as panel discussions, speaking on the issues of trafficking, global citizenship, and emergencies around the world," reads the UNICEF website. "Volunteers have held bake sales, dinner parties, Water Walks, and hosted sporting events and online fundraisers, raising crucial funds for UNICEF's lifesaving work to put children first."

In 2016, the UNHCR launched the #WithRefugees petition to "send a message to government" that all refugees deserve to live in safety.

Costly Joint-Pain Injections Replaced By New \$2 Pill

New pill boosts the same lubricating joint fluid as expensive and painful injections - without using a needle. Users report dramatic relief from swelling, pain and stiffness without side effects and expense.

By Jack Isler, M.D.

Health News Syndicate

HNS—A popular needle injection for people with joint pain is now available in an inexpensive nonprescription pill. The breakthrough came when researchers discovered a way to deliver the injected “relief molecule” through the digestive system.

Top US clinics have used these needle injections for years because they deliver powerful relief. Unfortunately, the shots are painful and expensive. They also only work on the joint being treated.

The new pill, called Synovia, delivers the same “relief molecule” as the injections. However, it has some impressive advantages. First, it’s inexpensive and non-prescription. Also, relief is delivered to every joint in the body because it enters the bloodstream through the digestive system.

This gives it the ability to reduce a much wider variety of pain. Users report greater flexibility and less stiffness in their knees. Hands and shoulders move pain-free for the first time in years. Even neck and lower back pain improve dramatically.

All this without spending over \$600 on needle injections and taking trips to the doctor every week.

The medical community is very excited about this new breakthrough. Dr. Jacob Moss says, “Synovia is a great option for those suffering from joint pain. Injections are usually a last resort because of the pain and expense. However, Synovia should be taken at the

first sign of discomfort.”

New Discovery

The needle injection procedure has been given to hundreds of thousands of patients over the last several years.

Doctors use the shots to boost a critical element of the joint called synovial fluid. This lubricating fluid is found between the cartilage and bones of every joint.

According to the firm’s head of R&D, Mike McNeill, “Researchers have been working for years to find a way to boost this fluid non-invasively. The problem was the molecule used in the injections was too large to absorb into the bloodstream.”

Top scientists conquered this obstacle by finding a smaller form of the same molecule. This new glucose form is easily absorbed by your stomach and intestines!

Now those who suffer from joint pain can get relief without painful injections. At less than \$2 per day, early users like Steve Young are impressed. He says, “I’ve tried more pills than I can count, without any luck. Synovia is different. My knees and hands haven’t felt this good in years!”

Impressive Clinical Results

Leading clinics use injection therapy because it works. Recent clinical trials show the pill form also delivers major relief.

One example is a landmark study out of Europe. In the study the active ingredient in Synovia was compared to a popular NSAID pain reliever. The goal was to see if it could reduce pain and swelling

around the knee. The results were incredible!

After just 30 days, more than 8 out of 10 people who took Synovia’s active ingredient had NO swelling. However, only 2 out of 10 people who took the NSAID experienced reduced swelling.

The study also looked at cases of severe swelling. Amazingly, zero cases of severe swelling were detected in the group taking the active ingredient found in Synovia. This means it was 100% effective for the cases of severe swelling!

In contrast, 9 out of 10 people taking the NSAID still had severe swelling. McNeill points out, “The impressive thing about this study is the active ingredient wasn’t tested against a fake pill. It was up against one of the most popular NSAIDs people use every day. It’s easy to see why people in pain are excited to get relief without an injection.”

The New Way It Delivers Relief

Getting relief without injections has big advantages. The most obvious is avoiding being stuck by a large needle every week for 5 weeks.

Another downside of injections is the doctor can “miss”. The needle needs to be inserted into a precise spot in the joint to work. Otherwise, you risk the treatment being ineffective.

However, boosting your lubricating joint fluid by taking a pill delivers relief to all your joints, not just one.

There’s an additional reason the active ingredient in Synovia works so well – it nourishes the cartilage.

McNeill says, “This is vital because cartilage does not have blood vessels. The fluid in the joint serves two very important pain-relief roles: lubrication and giving the cartilage the nutrients it needs to start re-growing.”



NO MORE NEEDLES: A popular needle injection pain-killer for joint pain is being replaced. The key molecule in these injections can now be delivered by taking a new low-cost pill called Synovia.

Approved By Leading Doctors

The new delivery system for this molecule has caught the attention of leading medical doctors.

“Needle injections for joint pain have been around for years because they work. Being able to get the same relief molecule through a pill is amazing. Injections may be a last resort, but I’d recommend Synovia at the first sign of pain,” said Dr. Marie Laguna.

Dr. Gerardo Pereira, a renowned surgeon from Florida says, “Injections aim to boost synovial fluid, which lubricates the joint. Those suffering from joint pain usually have very little of this fluid. Synovia helps relieve pain by boosting this key lubricant without needles.”

Dr. Moss adds, “The research behind the active ingredient in Synovia is very exciting. This product is a great choice for those who haven’t had success with other joint pain treatments.”

110% Money Back Guarantee

Amazing feedback from users of Synovia has generated a wave of confidence at the company. So much so that they now offer Synovia with a 110% money back guarantee.

The company’s pres-

ident, Michael Kenneth says, “We’ve seen how well it works. Now we want to remove any risk for those who might think Synovia sounds too good to be true.”

Simply take the pill exactly as directed. You must enjoy fast acting relief. Otherwise, return the product as directed and you’ll receive 100% of your money back plus an extra 10%.

How To Get Synovia

Today marks the official release of Synovia in New York. As such, the company is offering a special discounted supply to everyone who calls within the next 48 hours.

A Regional Order Hotline has been set up for local readers to call. This is the only way to try Synovia with their “110% money back” guarantee.

Starting at 6:00 am today the order hotline will be open for 48 hours. All you have to do is call TOLL FREE 1-888-383-7838 and provide the operator with the special discount approval code: SYN18. The company will do the rest.

Current supplies of Synovia are limited, and callers that don’t get through to the order hotline within the next 48 hours may have to pay more and wait until more inventory is produced. This could take as long as 6 weeks.



BEFORE: No lubricating fluid or cartilage leads to painful bone-on-bone rubbing.



AFTER: Synovia’s active ingredients lubricate joints and nourish cartilage so it can re-grow!



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*Pat King
Grumble Editor*

Greetings, fellow Grumblers! Our reader submissions today deal with the age old argument of "cash vs. credit" and those people who just can't figure out which lane to walk in when they exit public transportation. You know — life is too short not to gripe about the things that get you down on the day-to-day. Keep sending in your Grumbles and we will post them here for the world to see!

READER WRITE-INS:

CASH IS KING!

I recently read in the Grumble about "cash only" places popping up around the city ... I found just the opposite to be true. So many more small, casual restaurants and even coffee shops are credit card only! This frustrates me to no end! Myself and many other people I know use their credit cards for larger purchases such as airline tickets, clothing purchases, or dinners at sit-down restaurants.

To pull out a credit card for small items such as coffee, fast food, salads, etc. is unnerving and makes no sense at all. First of all, the transaction takes longer and who wants all these little purchases on their statement.

Cash is faster, quicker, easier. Cash is king!
- Crystal, Metro New York Reader.

the GRUMBLE



PICK A LANE WHEN LEAVING PUBLIC TRANSIT!

As a 3-hour-each-day public transportation commuter, my biggest complaint is when I either ascend

or descend staircases or walkways and on-coming individuals do not stay to their right. This bothers me the most when a large crowd is exiting trains or subways. Then

when I am attempting to make my way through, they give me the look like I am doing something wrong. Typical crowd mentality!
- Darryl C, Metro Philly reader

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The winning caption from Laura Belmonte Combs, Metro US reader



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Aries Focus on getting ahead. If you attend a networking event or set up a meeting with a former co-worker, you'll be offered an interesting lead.



Taurus Face-to-face communication will help you decipher someone's interest and reaction to what you have to say. Look for an opportunity to close a deal or take on something new.



Gemini A change you are trying to make will be interrupted by someone or something you forgot to take care of. Backtrack quickly so you don't fall behind.



Cancer If you make a change to the way you do things, you will be praised for your insight and achievements. Express your feelings to gain support.



Leo Spin things in your favor to outmaneuver someone trying to best you. A practical approach to life will help you recognize someone who's a bad influence and walk away.



Virgo If you feel uncertain about someone, bring your feelings to his or her attention. Clearing the air will help you cultivate a better relationship and gain greater stability.



Libra Put your best foot forward and strive to live a healthier lifestyle. The changes you make will encourage better relationships with the people you care about most.



Scorpio Don't overreact if you want to get things done. Hone your skills and let your creativity take the reins. What you accomplish will be superior to anything you've done thus far.



Sagittarius Take pride in what you do. Learn from the past and be more responsible with your personal finances. Don't let anyone talk you into spending money on something you don't need.



Capricorn Take your time. If someone puts pressure on you, walk away. Do whatever feels right and supports a secure future. Taking a risk is a foolish option.



Aquarius Get the inside scoop before you sign up for something you know little about. Don't let temptation entice you to do something you wouldn't normally do. Take care of your health.



Pisces Get involved in something you've wanted to do for a long time. A creative idea will lead to an interesting opportunity that offers monetary benefits. A partnership looks promising. EUGENIA LAST

TOMORROW'S PHOTO:



GETTY IMAGES

Taylor Sheridan on why 'Yellowstone' is a risky and 'scary proposition'

The new Paramount Network drama is a very modern western.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Taylor Sheridan always knew that "Yellowstone" was going to be a risky and expensive venture for whichever studio took it on.

That was one of the main reasons why he started work on the Western family drama, which revolves around the Duttons, led by John Dutton (Kevin Costner), as they battle to control the borders of their huge ranch from land developers, an Indian reservation and America's first National Park. In order to give "Yellowstone" the scope and allure that the story and show demanded, Sheridan told Metro that he



"Yellowstone" premieres tonight on the Paramount Network at 9 p.m. PARAMOUNT

sought a lot of money.

"Look, it is an expensive show," Sheridan says. "It was a risk because there hadn't been a modern Western on television. It was a scary proposition, which is why it took a long time to find a home for it."

Good things do indeed come to those who wait because, ultimately, Sheridan found the perfect home."

"Paramount really responded to the material," says Sheridan. "They were as excited about diving into this hole as I was

and were willing to invest the substantial amount of money that it takes to film it



GETTY IMAGES

properly and to make it look like we all wanted it to look."

Sheridan was so intent on spending this money on "Yellowstone" because he wanted it to look like "a movie."

"My pitch was, 'Imagine if John Ford came back to life and wanted to make a TV series. What would that look like?'" says Sheridan.

In order to achieve that, Sheridan, who directed all of the episodes, forbade the use of hand-held and Steadicam cameras, and instead enlisted updated versions of 1940s

movie equipment.

"If you watch some of John Ford's films, they were really innovative at the time, and there was a real energy in the camera and an excitement to it that you don't traditionally think of with sticks and dollies," Sheridan says. "But that's how every movie was made before Steadicam and people were able to hold cameras on their shoulders. Employing that method lent itself to capturing the show in a way that was very, very cinematic."

Since "everybody now has the ability to have a cinematic experience at home," Sheridan was excited to make an epic television show that didn't use "visual effects" to create "some fantasy world," but instead "held the mirror up to an authentic part of Americana."

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Why Vera Farmiga wanted to do a comedy about really 'dark things'

"Boundaries" gave her that chance.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Vera Farmiga admits that she was originally attracted to "Boundaries" because it gave her the rare opportunity to star in a comedy.

"I rarely get an opportunity to do those," the Academy Award-nominated actress recently revealed to Metro. The upcoming road-trip comedy revolves around her character, Laura, driving her pot-selling

father Jack (Christopher Plummer) and son Henry (Lewis MacDougall) across the U.S.

It wasn't just that Farmiga found "Boundaries" funny, though. "I love to chuckle about dark things," Farmiga says. "I really do. I love having a giggle about what haunts us in life."

She insists that the comedy in "Boundaries" comes in many different forms, though.

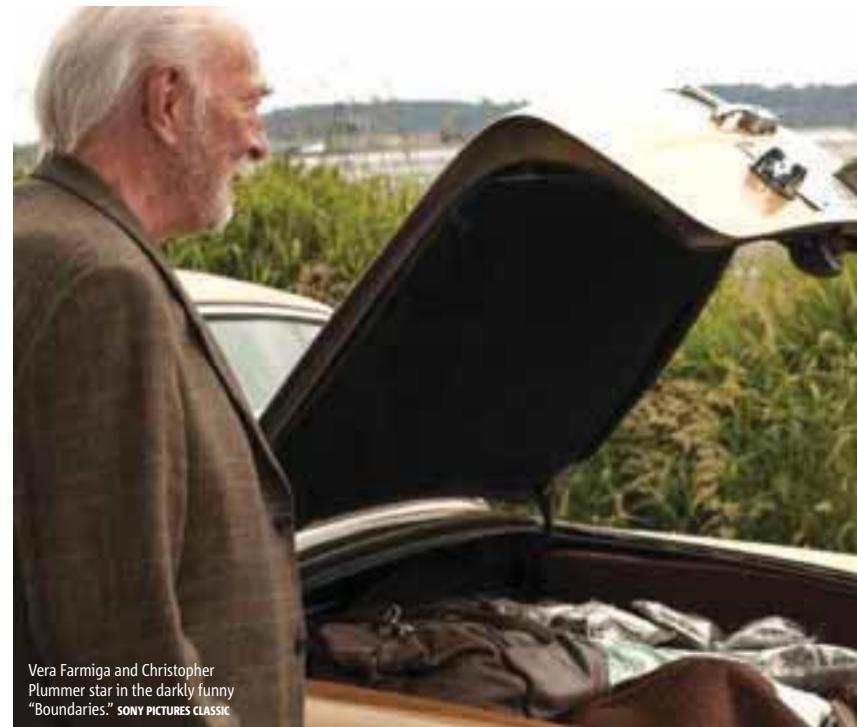
"There is shtick. There's candy corn casserole!" Farmiga says. "There are outlandish things that happen but it is all grounded in the earnestness of emotions as well as the earnest-

ness of what we are all trying to do in life."

"Which is what?" she adds. "Which is sell as much pot as we possibly can. [Laughs] And save as many animals as we can because lord knows that people can't be trusted but animals can."

While Farmiga looked at the script for "Boundaries" as a "giant springboard" that allowed her to perform a variety of "different tricks," she also insisted that she was "delighted" at the "deep emotional places it went," too especially because it allowed Farmiga to ponder her own past.

"Our parents spend



Vera Farmiga and Christopher Plummer star in the darkly funny "Boundaries." SONY PICTURES CLASSIC

their whole lives calling out our bad behavior and teaching us how to be emotionally mature," Farmiga says. "But there comes a time when we all have to start calling

out their bad behavior and their lack of emotional maturity."

"I have those loved ones in my lives that I know I can't change, but it has taken me 44-years to accept them as they are, and to see them as they are, and accept it," she adds. "I can only focus on my own inner core, finding that core, and keep on coming back to it. Keep true to my inner truth. My character has to learn how to get in touch with anger.

I've never had a problem with that. It is letting go."

Farmiga was assisted in this pursuit by "Boundaries" writer and director Shana Feste. Although Farmiga was delighted to work with a female filmmaker, especially as doing so was just as rare as being offered a comedy, she was adamant that she has "no gender bias" when it comes to working with directors.

"It was a head turner

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proach my work, there's no gender bias. Shana comes with her own unique idiosyncrasies and personality traits and character traits, and we just bonded and vibed off each other."

"Boundaries" opens in New York on June 22.

when I saw that Shana Feste was the director. Out of 50 scripts I have read this year, this was one of two written by a woman," Farmiga says. "For me and how I ap-

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Bushwick's enviable new beer garden



Wyckoff Beer Garden is as much about art and flowers as brews.



EVA KIS
eva.kis@metro.us

Out of all the pop-ups for summer, you'll want to make the trek to Bush-

wick's new outdoor beer garden, a gorgeous community-centered project with local brews, street art and even its own beach.

Wyckoff Beer Garden is now open through the end of October, taking over the empty lot at 33 Wyckoff Ave. just north of Starr Street off the Jefferson Avenue stop. Own-

ers Gabriele Maurello and Tyagi Schwartz created something more like an urban garden and street art gallery rather than a typical bar with brightly colored flowers overflowing from hand-built planters and art covering every surface, including the concrete floor.

"I'm somewhat of a

frustrated artist," says Maurello, who also built the tables along with Schwartz. "I can't paint or draw, but I can create something exciting."

Neighborhood artists were invited to take over the 10,000-square-foot garden. That's why whimsical portraits hang along the perimeter of tin panels and cover the maze-like interior of panels put up specifically to make space for more art. It just happens to be a gallery-like space that also serves beer.

In the back is the urban "beach," a sand-covered corner where a bikini-clad Oprah holds



Wyckoff Beer Garden is open Wed-Sun from noon to midnight. ALL PHOTOS PROVIDED

an Octoberfest-size load of steins next to Jimmy Fallon in a Borat-style lime green swimsuit.



The planters and tables are all hand-built by the owners.

Try not to let that image put you off though.

Wyckoff Beer Garden's 30-foot beach shack-style bar serves a selection of cans heavy on small local breweries like Braven and Montauk. For food, the Lower East Side's FryGuys brought their twice-fried fries covered in all the favorite drunk toppings like bacon, guac, queso and more, as well as funnel cake-shaped fries topped with powdered sugar and caramel.

FryGuys is the only permanent vendor; others will rotate through the space.

Wyckoff Beer Garden is open Wed-Sun from noon to midnight through the end of October.

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Can your ice cream do this?

New York City's hot summers mean we need a lot of frozen treats to keep our cool. But the latest new ice cream to hit Brooklyn isn't so much scooped — it's stretched.

Meet boozza, ice cream's smoother, denser and creamier cousin, now available at Republic of Boozza that just opened at 76 N. Fourth St. in Williamsburg. Which already sounds like a dessert that needs to be in our summer rotation, but it's the dairy-based treat's signature elasticity that's really turning heads.

The magic happens with the help of two ancient ingredients found in the Eastern Mediterranean region known as the Levant. Sahlab (ground orchid root) and mastic (resin) are combined with milk in a freezer drum, then alternately pounded with a large wooden pestle and stretched by hand.

This process also makes boozza very dense, which means it's slower to melt and packs in more flavor than traditional ice cream.

Since it was created over 500 years ago,



NOAH FECKS

boozza has traditionally only come in one flavor called qashta, or "candied cream." But as "the world's first modern boozza shop," the Republic of Boozza is taking boozza on a flavor tour of the world.

The shop carries 17 varieties, all made in-

house, beginning with crowd-pleasing Classics like Salted Caramel and Mint Chocolate Chip. But what's going to get people's attention is their Global section of global flavors like Red Miso, Mexican horchata and their own take on the fermented dessert trend, Amba Mango Pickle. And then there's the Experimental section, starting with Salted Oreo and ramping up from there, to Saffron Peppercorn and the kicky Sichuan White Chocolate.

Prices start at \$5.25 for a small to \$8.25 for an extra large in a cup, regular cone or Komery artisanal cone. The shop also aims to top out its menu at 35 flavors, so check back for what wild flavor combos they come up with next.

Republic of Boozza is located at 76 N. Fourth St., open daily from noon to 10 p.m. Sun-Thurs and until 11 p.m. on Fri-Sat.

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HOME



How to *cool off* without killing the planet this summer

Staying cool doesn't have to come at a cost.



PAT KING
patrick.king@metro.us

The intense sticky heat of summer generally puts most of us in a ethical catch-22 scenario. Do we accept our fate of being sweaty shells of our normal selves for the next three to four months, or keep our air conditioners at a constant hum all summer long. While making your apartment as a cool as a meat locker can be one of life's greatest joys, most window mounted air conditioners can be damaging to the environment if they are not working correctly. Here are some ways that you can cool off your sweltering apartment without killing the planet this summer.

Turn your apartment into a jungle

Cramming as many house plants into your apartment will contribute to recycling that dead air that is sucking the life out of you and will even bring the overall temperature down in the process. Areca Palm Trees are a great choice for this effect and will add a tropical flavor to your home. Another great option is keeping an Aloe Vera Plant handy as they will remove toxins from the air while cooling things down. Plus, once you wind up getting that inevitable sunburn, you can use its leaves to reduce swelling and irritation.



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SPORTS

Senegal continues to provide surprises in its second-ever World Cup.



JOE PANTORNO

joseph.pantorno@metro.us

Senegal is no stranger to surprises at the World Cup. In its only other appearance in 2002, the debutants made a miracle run to the quarterfinals with notable wins over France and Sweden.

It kept the shocks in Group H going on Tuesday afternoon, taking down world No. 8 Poland 2-1 at Spartak Stadium in Moscow.

The appearances by both clubs broke considerable World Cup droughts. While Senegal broke a 16-year drought on soccer's largest stage, Poland is back for the first time

Senegal shocks Poland after



Mbaye Niang's controversial second goal turned out to be the winner for Senegal over Poland. GETTY IMAGES

since 2006.

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both clubs broke considerable World Cup droughts. While Senegal broke a 16-year drought on soccer's largest stage, Poland is back for the first time since 2006.

It was a self-inflicted

wound that put Poland behind as a shot from Idrissa Gana was deflected by defender Thiago Cionek where goalkeeper Wojciech Szczesny, who was following the natural path of the ball, could only watch in horror as the redirected ball trickled into the back of the net to put Senegal up 37 minutes in.

Poland pushed for an equalizer in the second half, but disaster struck in the 60th minute when a long ball played into the Polish half was immediately descended upon by Mbaye Niang, who was allowed to enter the pitch as the ball crossed midfield after he was helped off to receive treatment to an injury.

An onrushing Szczesny, almost 30 yards from his goal, could not beat the Senegalese man to the ball as Niang blew past an unsuspecting Jan Bednarek, took a touch around the keeper and simply passed the ball into the goal uncontested.

Poland protested the call upon deaf ears as the official Nawaf Shukralla clearly indicated that Niang could re-enter the field of play, though the timing was questionable, to say the least.

The eighth-ranked team in the world finally broke through in the 86th minute when Grzegorz Krychowiak headed home a ball from a free kick over the top, ensuring that the last moments of the match were plenty nervy for Senegal.

But Poland could not find the equalizer as a late corner yielded nothing for the white and reds, ensuring it would lose a World Cup opener for a third-consecutive time. It has not won its first game at the competition since 1974.

The three points for Senegal has officially flipped Group H on its head. Along with Japan, the two minnows of the foursome now sit atop the standings after their first matchday.

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Japan beats Colombia in wild Group H

Carlos Sanchez's early red card dooms Los Cafeteros in loss to Japan.

 JOE PANTORNO
joseph.pantorno@metro.us

The 2018 FIFA World Cup could have started worse for Colombia, surprising quarterfinalists four years ago in Brazil.

Carlos Sanchez's handball just three minutes into the match, resulting in a straight red card, doomed the 10-men Los Cafeteros in a 2-1 loss to Japan in Group H play on Tuesday morning from Morodovia Arena in Saransk.

A penalty conversion from Shinji Kagawa following the Sanchez handball and a 73rd-minute header from Yuya Osako proved enough to hold off the Colombians and provide Japan with an unlikely opening three points.

Colombia began the day without its best play-



Yuya Osako's header gave Japan all three points over Colombia. GETTY IMAGES

er in James Rodriguez, the Real Madrid man on loan to Bayern Munich starting the match on the bench due to fitness issues.

In an ideal situation, Radamel Falcao — the 32-year-old striker appearing in his first World Cup — would have been more than enough for Colombia against a weaker opponent like Japan considering the veteran is playing some of the best soccer of his career.

But things went horribly awry when an early

chance gave Japan a clear look at goal, but a shot from just outside the box clanged off the outstretched arm of Sanchez, awarding Japan with a penalty and cutting Colombia down to 10 men. It was the second-fastest red card in World Cup history and the first time ever that a Colombian player was sent off in World Cup play.

Shinji Kagawa, the former Manchester United man now playing for Borussia Dortmund in Germany, coolly stepped

up and converted his penalty to put the Blue Samurai in front.

Colombia didn't let its disadvantage sway its tactics. Los Cafeteros continued to push up the field and put pressure on the Japanese defense. It paid dividends in the 39th minute when Juan Quintero slid a free kick under the Japanese wall and just inside the near post to level things up.

With the full three points not out of the question, Colombia brought on the fatigued James in the 59th minute in an attempt to provide even more of a boost.

However, Japan would find the go-ahead goal 17 minutes from time when Osako sent a header off a corner off the post and in.

It's just the second time in six World Cup appearances that Japan has won its opening match while Colombia attempts to regroup and prove why it was one of the favorites to advance out of Group H.

Salah, Egypt on the ropes



Mohamed Salah made his World Cup debut on Friday against Russia, but his presence did not do much as Egypt lost to the hosts 3-1. The Pharaohs will be eliminated from the competition if Uruguay records a point today against Saudi Arabia. GETTY IMAGES

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The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center, is funded by the National Institutes of Health and sponsored by Johns Hopkins University.

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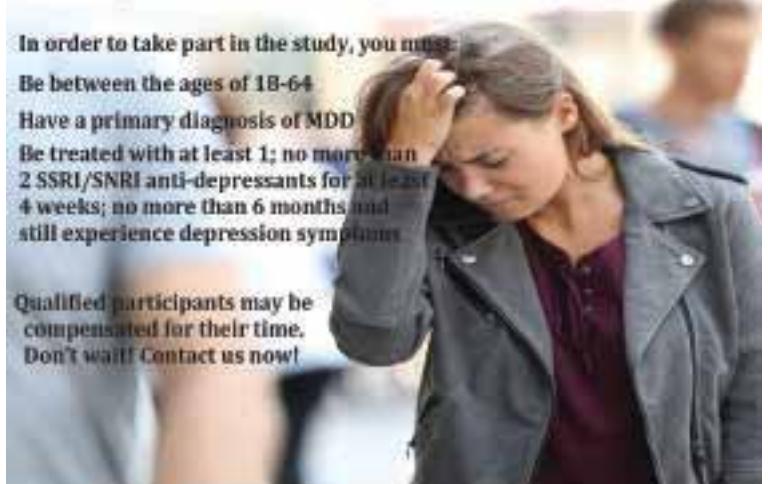
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Trotz resigns, Islanders up next for him?

The Stanley Cup-winning head coach will be behind the bench of a new team next year.



JOE PANTORNO
joseph.pantorno@metro.us

The New York Islanders are looking to hire a new head coach in the next few days and the best possible option just made his way onto the market. Former Washington Capitals head coach Barry Trotz, who is just two weeks from winning the Stanley Cup with the team, will not be returning to the team next season.

Following the Capitals' announcement of his resignation, Trotz told ABC sports writer Scott Abraham:

"After careful consideration and consultation with my family, I am

officially announcing my resignation as head coach of the Washington Capitals. When I came to Washington four years ago, we had one goal in mind and that was to bring the Stanley Cup to the nation's capital. We had an incredible run this season culminating with our players and staff achieving our goal and sharing the excitement with our fans. I would like to thank Mr. Leonsis, Dick Patrick and Brian MacLellan for giving me the opportunity to be a part of this great organization. I would also like to thank our players and staff who worked tirelessly every day to achieve our success."

"We are obviously disappointed by Barry's decision," the Capitals released in a statement. "But [we] would like to thank Barry for all his efforts the past four years and for helping bring the Stanley Cup to Washington."



Barry Trotz could go from winning a Stanley Cup to taking over a team that didn't make the playoffs last year. GETTY IMAGES

Cup.

The 55-year-old led the Capitals to four straight 100-point seasons and two President's Trophies as the team with the most points accrued in a season. But in each of his first three seasons, Trotz could not take Washington past the second

round of the playoffs, which created questions of his job security entering this season.

Now with a championship to his name, Trotz enters a market that only sees one team in need of a head coach at the moment and that's the New York Islanders.

Granted, his availability could change that.

New president of hockey operations Lou Lamoriello has brought about sweeping changes within the ranks of the organization, such as firing general manager Garth Snow and head coach Doug Weight earlier this month. The Hall-of-Fame executive is known for building winners, taking home three Stanley Cups with the New Jersey Devils.

With the future of John Tavares still up in the air, Lamoriello could tie up both loose ends in one sweeping motion. By ensuring Trotz that Tavares will re-sign with the team, the Islanders could find their new coach. By ensuring Tavares will be working under a first-class coach like Trotz, it could be the final push needed for the 27-year-old captain and All-Star to commit himself to New York for the rest of his career.

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NOTICE IS HEREBY GIVEN that a license, Serial # 1311196, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 290 8th Ave., New York, NY 10001. New York County, for on premise consumption. Biltmore Hospitality LLC.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail under the Alcoholic Beverage Control Law at 500 West 33rd St., a/k/a 20 Hudson Yards, Unit RU415, New York, NY 10001, New York County, for on premises consumption. D & D Hudson Yards LLC d/b/a Queensyard Restaurant.

NOTICE IS HEREBY GIVEN that a license, Serial # 1311193, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 276R 5th Ave., Brooklyn, NY 11215. Kings County, for on premise consumption. Ramen USA Inc.

NOTICE IS HEREBY GIVEN that a license Number 1310912, for Restaurant Wine has been applied for by the undersigned to sell Beer, Wine & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 71-34 Austin Street, Forest Hills, NY 11375. Queens County, for on-premises consumption. Tamashii Red Inc.

NOTICE IS HEREBY GIVEN that a license Number 1311198, for Tavern Wine has been applied for by the undersigned to sell Beer, Wine & Cider at retail in a Bar/Tavern under the Alcoholic Beverage Control Law at 341 347 5th Ave., New York, NY 10016. New York County, for on-premises consumption. 341 Frame Inc.

NOTICE IS HEREBY GIVEN that a license Number 1311136, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Beer, Wine & Cider at retail in a Restaurant under the Alcoholic Beverage Control Law at 8 W. 28th Street, New York, NY 10001. New York County, for on-premises consumption. Bamboo Ya Sushi Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1311178, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 146 Metropolitan Ave., Brooklyn, NY 11249. Kings County, for on premise consumption. The Monarch Theatre LLC.

NOTICE IS HEREBY GIVEN that a license, Serial # 1311215, for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 441 Metropolitan Ave., Brooklyn, NY 11211. Kings County, for on premise consumption. Team Cameo LLC.

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ACROSS

1 Sweet __; fragrant flower
 4 Gillette product
 9 Puncture
 13 Rowers' needs
 15 Dwelling
 16 Strong desire
 17 Engrave
 18 Strong connections
 19 In __; impoverished
 20 Most dilapidated
 22 Kennedy and others
 23 Bucket
 24 Cry of discovery
 26 Valuables
 29 Plant expert
 34 Hockey scores
 35 Red, itchy raised welts
 36 Fragrant neckwear
 37 Uncertain
 38 Out of style
 39 Crooner Crosby
 40 Whopper
 41 Hayes or Hunt
 42 Discontinue
 43 Cold weather accessory

45 Think about

46 Mr. Lincoln

47 Acting part

48 Personal website

51 Helper

56 Cut of pork

57 Razz

58 Warty amphibian

60 Qualified

61 Rarin' to go

62 Cavity

63 __ Buy; electronics store chain

64 Frock

65 Baseball's __ Griffey Jr.

DOWN

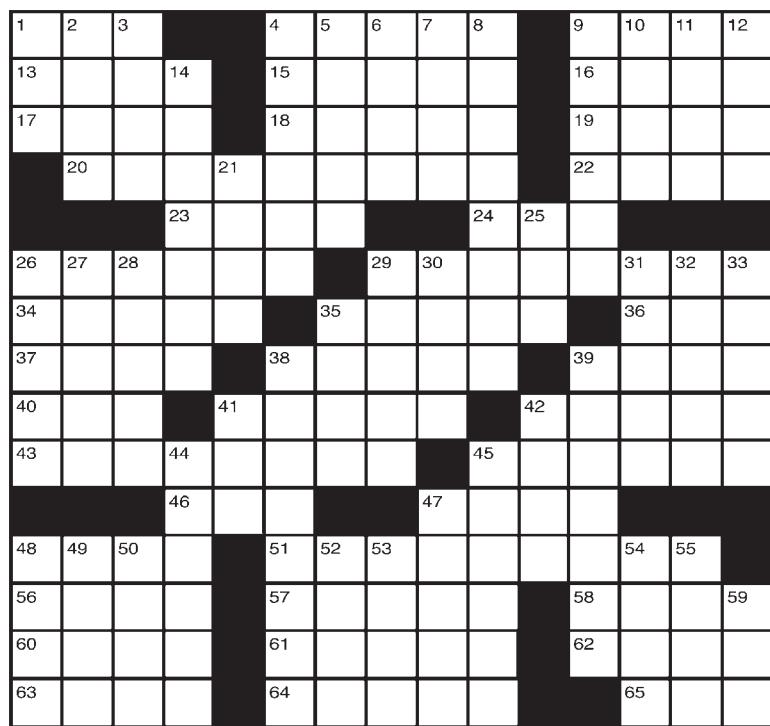
1 Soft cheese
 1 "The Raven" poet
 2 Breaks a fast
 3 Part of the foot
 4 Synagogue leaders
 5 As sore as __
 6 __ out; fail to pay attention
 7 Chances
 8 Said again
 9 Beachgoer's reward
 10 Yew or yucca
 11 Matured
 12 Cots and cribs
 14 Curvaceous
 21 Flying mammals
 25 __ the cat got your tongue?"
 26 Nimble
 27 Bulgaria's capital
 28 Not as risky
 29 Dogcatcher's hazards
 30 Jenn-Air appliance
 31 Epic by Homer
 32 Making __; sounding logical
 33 Wild feline
 35 __-dollar; U.S. coin
 38 Beaten
 39 Under
 41 Wheel center
 42 Young animal
 44 "Attractive" piece of metal
 45 Baffling riddles
 47 Ascends
 48 Spill the beans
 49 Part of the ear
 50 Essential __; aromatherapy liquids
 52 Scorch
 53 Cooking herb
 54 Kitchen recess
 55 Yarn
 59 Lion's lair

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R	I	S	E	A	C	C	E	N	T	U	A
Y	E	T	I	R	K	E	D	O	I	L	E
D	A	N	G	R	O	C	K	W	U	T	G
A	R	G	K	R	X	T	H	O	D		
D	A	N	G	E	R	R	W	U	T	G	
A	R	G	K	R	X	T	H	O	D		
T	C	S	U	R	F	A	C	E	D		
O	G	R	E	B	L	E	I	P	S		
R	T	L	S	H	A	R	K	S	G		
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